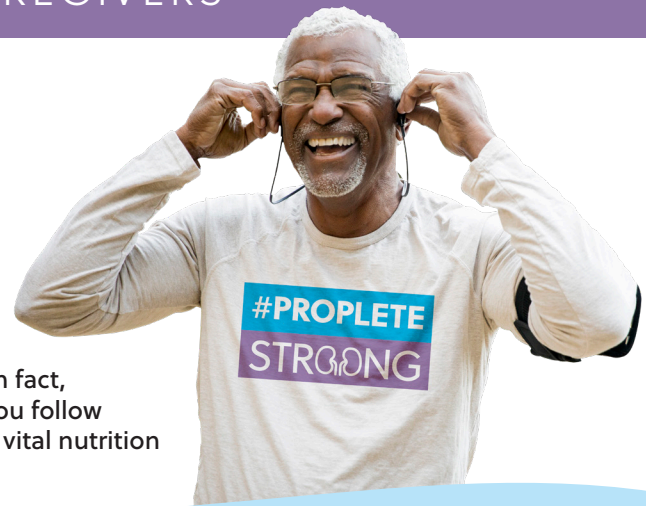


Why Do I Need More Protein During Dialysis?

Good Nutrition, Including Protein, is Vital During Dialysis

When you are on dialysis, your protein and calorie needs are higher. In fact, dialysis patients need about 50% more protein than normal. Even if you follow your dialysis diet very carefully, you may still have a hard time getting vital nutrition through food and dietary supplements alone.



3 STEPS

to Getting More Protein

In order to maintain or replenish needed protein and energy that can be lost during dialysis, there are three strategies — in the following order — that should be used to help you feel your best during and between sessions:



STEP 1: Dietary counseling with your dietitian or healthcare provider, to guide you on the best food and drink to consume to keep up your strength.



STEP 2: Oral supplements that provide needed protein and other nutrients that dietary counseling alone could not achieve.



STEP 3: Nutrition added during dialysis, including Proplete® (see information to right).

Some Dialysis Patients Need More Protein Than Diet or Supplements Can Provide

Two types of nutrition, given during dialysis, can provide significant amounts of needed protein when dietary counseling or supplements are not enough:

Intradialytic Parenteral Nutrition (IDPN): IV nutrition given during dialysis at the clinic.

Intraperitoneal Nutrition (IPN): Nutrition added during dialysis at home.



Given as added therapy during dialysis, Proplete® provides your body with protein, a minimal amount of dextrose (a type of carbohydrate), and, for some patients, it may also contain lipids (a type of fat) for additional calories.

How Do I Know if Proplete® IDPN or IPN Might Be Right for Me?

Only your dietitian or healthcare provider can determine if Proplete® is right for you.

Print out and share these info sheets with your dietitian or health-care provider.

How Do I Get More Information About Proplete®?

Please visit propletestrong.com or call 1-877-369-1842.

When you're on dialysis... you deserve to feel your best. Learn how you can be...

#PROPLETE STRONG

propletestrong.com

pentec health®
Large Enough to Serve Small Enough to Care
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About the Proplete® Family of IDPN/IPN Therapy

Every patient has distinctive nutritional needs. Intradialytic parenteral nutrition (IDPN) is unique as each formula is based on specific needs of the individual patient. IDPN is covered by most commercial insurance plans and is not part of a bundled payment.

Our experts strive to determine the optimal treatment dose so that protein-malnourished patients receive the customized formulation best suited to meet the individual patient's needs.



Proplete® IDPN Formulas

Uniquely Tailored, Patient-Specific, Low Dextrose

Protein Provision — Ample protein provided in weight-based formulations to optimize protein repletion critical to improving nutrition status.

Minimized Volume Formulations — Final formula volume minimized by using highly concentrated base solutions for amino acids.

Low Dextrose Provision — Enough dextrose to allow amino acids to be used for protein synthesis, while limiting the dextrose infusion rate to lower the risk of increased blood glucose levels.

Proplete® IPN for PD Formulas

Support for You and Your Patients at Home

Easy Addition to Dialysis Prescription — Compounded bags add prescribed amount of amino acids into dialysate bags made by Baxter/Fresenius; bags then ship to patient's home to replace regular bags; no separate hook up is typically required; usually no special training needed.

Added Benefits to IPN — Improvement with fluid overload when needed; less dextrose overall; bags delivered directly to patient's home.

24/7/365 Support for You and Your Patients — Refrigerators are provided for patients to hold IPN bags; expert pharmacy staff on call; dedicated Clinical Case Manager to support PD nurses in personalizing prescriptions.



Nutrition Assessment Tool

Visit proplete.com/nutrition-assessment-tool

Use this online tool to assess protein/energy malnutrition and to see if your patient qualifies for Proplete® IDPN or IPN therapy.

Proplete® meets CMS Guidelines for nutrition when dietary counseling and supplements are insufficient.

Additional Questions?

Please visit proplete.com or call 1-800-223-4376.

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